

God Understands

when our wellbeing is
challenged...and He
wants us to have hope!

Those that
be planted in
the house of
the Lord shall
flourish in
the courts of
our God

Psalm 92:13



God Understands

your losses...
He hears you weeping, and
wants to ease your pain.

Blessed are those
who mourn for they
will be comforted.

Matthew 5:4, NIV).



God Understands

your anxieties...
but wants to bring you peace.

Since God
cares for
you, let Him
carry all your
burdens and
worries.

*1 Peter 5:7
(The Voice)*



God Understands

when you're feeling down...
but wants to lift you up!

He puts a
new song in
my mouth, a
hymn of praise
to our God.

Psalm 40:1-3



God Understands

addiction...
but wants to set you free.

It is for freedom that Christ
has set us free. Stand
firm, then, and do not let
yourselves be burdened
again by a yoke of slavery.

Galatians 5:1 (NIV)



God Understands

when you've lost contact
with reality... and He wants
you to feel you belong.

Now may the
Lord of peace
Himself give you
peace at all times
and in every way.

2 Thess 3:16



God Understands

your frustration and anger...
but wants to bring you peace.

In your anger do not sin:
Do not let the sun go down
while you are still angry,
and do not give the devil a
foothold.

Ephesians 4:26-27



God Understands

and loves a
servant heart.

Let this mind
be in you,
which was
also in Christ
Jesus...

Philippians 2:5



You Say

Song by Lauren Daigle

I keep fightin' voices in my mind that say I'm not enough
Every single lie that tells me I will never measure up
Am I more than just the sum of every high and every low?
Remind me once again just who I am, because I need to know,

You say I am loved when I can't feel a thing
You say I am strong when I think I am weak
An' You say I am held when I am fallin' short
An' when I don't belong, oh, You say I am Yours
And I believe, oh, I believe
What You say of me, I believe

The only thing that matters now is everything You think of me
In You, I find my worth, in You I find my identity,
You say I am loved when I can't feel a thing
You say I am strong when I think I am weak
An' You say I am held when I am fallin' short
When I don't belong, oh, You say I am Yours
And I believe, oh, I believe
What You say of me, Oh, I believe

Taking all I have and now I'm layin' it at Your feet
You'll have every failure, God
You'll have every victory,
You say I am loved when I can't feel a thing
You say I am strong when I think I am weak
You say I am held when I am fallin' short
When I don't belong, oh, You say I am Yours
And I believe, oh, I believe
What You say of me, I believe

Oh, I believe, Yes, I believe
What You say of me, I believe

Songwriters: Bebo Norman
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