God Understands when we Grieve

God Understands when we are Anxious

Blessed are those who mourn, for they will be comforted.

Matthew 5:4



Since God cares for you, let Him carry all your burdens and worries.

1 Peter 5:7 (The Voice)



ADVENTIST HEALTH WEEK 2024 God Understands when life gets us down

He puts a new song in my mouth, a hymn of praise to our God." Psalm 40:1-3.



ADVENTIST HEALTH WEEK 2024 God Understands when our habits overwhelm us.



It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery." *Galatians 5:1 (NIV)*



ADVENTIST HEALTH WEEK 2024 God Understands when we're Angry

"In your anger do not sin: Do not let the sun go down while you are still angry and do not give the devil a foothold." Ephesians 4:26-27



ADVENTIST HEALTH WEEK 2024

God Understands when life is confusing

God Understands and loves a servant heart

Now may the Lord of peace himself give you peace at all times and in every way. 2 Thess 3:16



Let this mind be in you, which was also in **Christ Jesus...** Phil 2:5



WEEK 2024

Created to flourish





ADVENTIST HEALTH **WEEK 2024**

You Say Song by Lauren Daigle

I keep fightin' voices in my mind that say I'm not enough Every single lie that tells me I will never measure up Am I more than just the sum of every high and every low? Remind me once again just who I am, because I need to know,

You say I am loved when I can't feel a thing You say I am strong when I think I am weak An' You say I am held when I am fallin' short An' when I don't belong, oh, You say I am Yours And I believe, oh, I believe What You say of me I believe

The only thing that matters now is everything You think of me In You, I find my worth, in You I find my identity, You say I am loved when I can't feel a thing You say I am strong when I think I am weak An' You say I am held when I am fallin' short When I don't belong, oh, You say I am Yours And I believe, oh, I believe What You say of me Oh. I believe

Taking all I have and now I'm layin' it at Your feet You'll have every failure, God You'll have every victory, You say I am loved when I can't feel a thing You say I am strong when I think I am weak You say I am held when I am fallin' short When I don't belong, oh, You say I am Yours And I believe, oh, I believe What You say of me I believe

Oh, I believe, Yes, I believe, What You say of me I believe.

Source: Musixmatch

Songwriters: Bebo Norman / Jason Ingram / Michael Donehey / Paul Mabury / Lauren Daigle You Say lyrics © Appstreet Music, Centricsongs, So Essential Tunes, See You At The Pub